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Psychology Documentation Samples. In an effort to continue to enhance Provider knowledge of documentation requirements, MHD has prepared Sample Documentation for review. APA Document Reference No. 200202 Documentation of Psychotherapy by Psychiatrists (3 of 6) The American Psychiatric Association • 1400 K Street NW • Washington, D ...Please note that this is primarily a CLINICAL documentation guide, i.e., the main focus through this manual is the clinical documentation in the medical record. How to Document Psychotherapy Sessions. ... (for example, insight oriented, ... these seven items fulfilled the requirements for psychotherapy documentation, ...