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Children's Books | Storytime with Elena  
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**How To Raise An Emotionally**

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Emotional Literacy to Heal CPTSD

Course

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8 Games to Help Build Children's Emotional Intelligence How to DIY playful activities to help kids learn about feelings 26 emotions Parenting Tips - How to Teach Emotional Intelligence How to teach emotional intelligence skills to

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Strategies for Reading Aloud to Young  
Children

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emotional intelligence kids book

[www.littlewinners.co.za](http://www.littlewinners.co.za)

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Social Emotional Literacy in Schools  
Teaching Emotional Literacy through  
High Quality Children's Books

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How To Raise Emotionally Intelligent Children | Lael Stone | TEDxDocklands  
*Emotional Literacy*

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The Original Emotional Literacy Program  
Emotional Literacy For Kids Teachers

Children and empathy: Teaching emotional literacy Emotional literacy. The first step to developing empathy is

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emotional literacy, or the ability to read or recognize your... Teaching emotional literacy. Stop and tune in. Connect with your child on an emotional level. Move past the distractions... ..

[Children and empathy: Teaching emotional literacy - MSU ...](#)

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The Department for Education has set the key aims of teaching Emotional Literacy as thus: To help students to become aware of their emotions and how their emotions underpin their behaviour and their choices. To help students to become aware of the effect of their behaviour on their environment, their relationships and their

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Learning. Course Handbook  
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Why the teaching of emotional literacy is  
so important

Once your child feels acknowledged, they will be able to work with their emotions constructively. There is as much to learn in the world of emotions as there is in the

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world of science and math. Building your emotional literacy can be motivating, inspiring, and is sometimes humbling.

## Developing Emotional Literacy in Kids - Family Education

Kids develop emotional literacy by social experience and by being taught. Some

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children, like children with Autistic Spectrum Disorders, have more difficulty than others learning emotions and need more extensive teaching than others.

Activities to Increase Emotional Vocabulary

8 Activities to Increase Emotional

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## Vocabulary

Emotional Literacy: Supporting Emotional Health and Wellbeing in School (Mental Health and Wellbeing Teacher Toolkit) by Alison Waterhouse | 10 Jan 2019. ... Using Picture Books to Enhance Children's Social and Emotional Literacy: Creative Activities and Programs for Parents and

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## Introduction Volume 1

[Amazon.co.uk: emotional literacy children](https://www.amazon.co.uk/emotional-literacy-children)

Emotional Literacy is the term used to describe the ability to understand and express feelings. Emotional Literacy involves having self-awareness and recognition of your own feelings and



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knowing how to manage them, such as the ability to stay calm when angered or to reassure oneself when in doubt.

## Emotional Literacy - GL Assessment

Calm Down Yoga for Kids Poster:

Combine movement with positive affirmations in this positive approach to

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teaching children to manage stress, anxiety and overwhelming emotions. Take 5 Breathing Exercise Poster : Breathing has a huge impact on emotions and this simple technique helps kids learn the connection between controlled breathing and the positive impact it can have on feelings and emotions.

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Teaching Feelings and Emotions: 30+ Best Resources to Use ...

The ELSA (Emotional Literacy Support Assistant) intervention was originally developed within Southampton, then Hampshire, by Sheila Burton, Educational Psychologist. It was designed to build the

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capacity of schools to support the emotional needs of their pupils from within their own resources. This is achieved by training teaching assistants to develop and deliver individualised support programmes to meet the emotional needs of children and teenagers in their care.

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About ELSA - ELSA Network –

Emotional Literacy Support ...

Many schools have started teaching kids how to do things like cope with feelings, set goals, and get along with others. You can help your child work on these skills at home, too. Here are a handful of social-emotional learning activities that can help

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your child manage emotions and work on social skills—and have some fun with you along the way.

## Social-Emotional Activities for Children

Emotional literacy support assistants - or ELSAs - are teaching assistants trained to provide emotional and social skills support

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## Course Handbook Introduction Volume 1

### Resources for Emotional Literacy Support Assistants - ELSA ...

Isolation diary booklet for children.

Download for free. Gratitude and emotions tracker. Download for free.

Inside feelings. Download for free.

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Positivity cards. Download for free.

Wooden Hearts Emotions for Calming and Natural displays. Download for free.

Gratitude walk. Download for free. Colour your characteristics.

[Free Resources Archives - ELSA Support](#)

Showing top 8 worksheets in the category



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- Emotional Literacy. Some of the worksheets displayed are Eq activities teens 13 18, Fostering emotional literacy in young children labeling, 50 activities for developing emotional intelligence, Module 2 handout social emotional teaching strategies, Emotional literacy expanding emotional vocabulary, Why

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emotional literacy is good for your school,

By ...

## Emotional Literacy Worksheets - Teacher Worksheets

6 Ways to Foster Emotional Literacy in Children Illustrate the Mind and Body Connection. Show your child how

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emotions can be linked to physical sensations. For example,... Teach Self-Management Skills. Explain to your child that there is no feeling that is inherently bad. What matters is how... ..

6 Ways to Foster Emotional Literacy in Children ...

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FREE Emotional literacy lesson plan, resources and printables. (no rating) 0. customer. reviews. Naming emotions can be hard. Most students (and adults!) have a limited emotional vocabulary. By extending and expanding their emotional vocabulary, students can put a name to emotions more easily and explore how

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they feel in a healthy way. This resource includes a detailed lesson plan, a PowerPoint (with examples and video) and printables.

[FREE Emotional literacy lesson plan, resources and ...](#)

Emotional literacy is the ability to

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Understand and recognise your own emotions through a level of self-awareness. As curriculums continue to place a greater emphasis on RSE and Health learning, the benefits of teaching emotional literacy in children can be far reaching. This webinar is for those working in mental health, behavioural

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Support and RSE and Health learning.

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Teaching Emotional Literacy | Support Pupils Behavioural ...

for teachers of primary school-aged children For students in Years 3 and 4  
Emotional literacy Learning intention: •  
Students develop their vocabulary to

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identify and describe their emotions •

Students identify the ways in which emotions are shown in body language

Activity: The emotions echo game •

different strengths help The game explores

Wellbeing activities and conversation starters for ...



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• Emotional Literacy. • Self-awareness. • Skills for Learning. • The Brain learning and behaviour. Circles for Learning is a unique project for KS1-KS3 and because of this the Teachers who introduce it into the classroom tend to be unique as well.

Training to support emotional literacy

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Emotional literacy is a key aspect of emotional intelligence and an essential element among social and emotional learning (SEL) skills. It is based largely on vocabulary. Emotion vocabulary is more than word recognition; it shapes how children (and adults) see the world.

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Children need a strategic cognitive relational vocabulary for understanding the world around them and for everyday problem solving.

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